



square meals

Nourishing children's bodies and minds.

A Program of the Texas Department of Agriculture's
Food and Nutrition Division

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ProtectTexas™
Texas Department of Health

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The Burden of Overweight and Obesity in Texas, 2000 - 2040



“The alarm has been sounded. Please join with me now as we work together to develop partnerships that can provide solutions to this growing public health problem.”

Doctor Eduardo J. Sanchez
Commissioner,
Texas Department of Health

“Texans have never been known to stand down in a fight. That's why I believe we can win the battle against overweight and obesity. Our children's future is too high a price to pay.”

Susan Combs
Texas Agriculture Commissioner

“For the first time in American history, this generation of children may have a shorter lifespan than their parents.”



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